



Delivering So Much More Than Just a Meal

2025 IMPACT REPORT



Interested in becoming a volunteer or donating?

Visit meals.org or call
315-478-5948 ext. 213
for more information.

TOGETHER WE CAN DELIVER



MEALS
DELIVERED
249,008



VOLUNTEERS
400



MILES
COVERED
50,164

AVERAGE
MEALS
DELIVERED
PER WEEK

5,188



15,638
VOLUNTEER
HOURS
WORKED



AVERAGE
PEOPLE
SERVED
DAILY
405

One of the longest running Meals on Wheels in the U.S.
Serving the Syracuse community since 1959.



2026 GOALS

450 VOLUNTEERS
270,000 MEALS